

# Cosmetic Eyeliner Tattoo Aftercare Sheet

Please read the following information carefully. If you have any questions call The Beauty Extract on 0432 106 110.

This is to be followed after EVERY cosmetic eyeliner tattoo procedure for optimal results.

## Tattoo Day

- You must fully remove all eye makeup and clean your eye area thoroughly.
- It is recommended to wash your hair prior to your appointment and give your face a good wash as your eyes CANNOT get wet for at least 5 days.
- Please don't wear good clothing or white / light colours.
- Please note that you cannot wear contact lenses when you get your eyeliner tattooed. It is also recommended to not put them in straight after the procedure. Please wait 24 hours for your eyes to settle before putting your contacts back in. Make sure you have your glasses ready for the 24 hours after the procedure time frame.

## 1-5 Days After

- Do not touch your eyes or the tattooed area for the first 48 hours.  
This is to prevent the transfer of bacteria which could greatly impact on the retention of the tattoo pigment and cause an infection.
- You may experience a headache and some discomfort / tenderness / soreness after the procedure.
- It is common to get swelling after the procedure. You may choose to use a cold compress immediately after and for the next 24 hours as needed. Be mindful to use a clean cloth or cover to avoid any contamination / bacteria in the area of the fresh tattoo before it heals over.
- You may get bruising around the tattooed area. This is normal and will settle down over the next 48 hours.
- If you experience pain, redness, puffiness over 48 hours please contact The Beauty Extract and see your doctor.
- Do not get your eyes wet!  
No water, no steam, no swimming, no saunas, no chlorine, no salt pools, no ocean water.
- No makeup is to be applied anywhere near your eye, and definitely no mascara!
- Do not use any soap, cleansers, moisturisers or any other products on the eye area.
- No picking, vigorous rubbing or wiping the tattooed area as the colour can come away whilst it's still bonding.
- Your eyeliner will be very dark and sharp after the procedure. This is the pigment sitting on top of the skin.  
Due to the skins natural wound healing process the eyeliner will shrink up to 50% within a couple of days. Everyone's skin takes and holds the tattoo pigment differently, this is why Morgan likes to take a 'less is more' approach until she can see how your skins heals the pigment.
- Some people may hold a lot of colour while others may fade quite considerably. At your adjustment session, this will be addressed and changes of colour or technique can be tweaked depending on how your skin holds the pigment or the technique used.

## 6-14 Days After

- You are now able to get your eyes wet.  
It is still recommended to keep them dry if possible and not have them wet or soaking in water for long periods of time until your scabs have come off. Your scabs may come off anywhere from day 3-10. And they generally come off in little sections.  
It is also recommended to still avoid chlorine or salt swimming pools, the ocean, saunas and excessive steam.  
Do not let the scabs become soggy and do not expose your eyes to the pressure of the water in the shower.  
When you get your eyes wet, pat them dry. Do not rub or apply too much pressure as this ensures you don't disturb the scabs or healing process.
- Scabs may start to come off naturally and some areas may start to look patchy. This is a normal part of the healing process.
- Do not pick or itch!!  
The tattooed area may start to feel rough like dry skin. Please don't encourage the scabs to come off, as you could get scarring and loss of colour. They will fall off when they are ready. It also may start to feel slightly itchy. This is normal; but do not itch!
- Throw out all your used mascaras and only use a newly opened one once your eyeliner is healed.
- Be sure to fully clean and sanitize all your makeup brushes.

- You can fill in areas of your eyeliner that may become patchy during the healing process. Only use powder and a soft brush. Be mindful to be very gentle and apply minimal pressure so that you don't encourage any scabs to come off early.

## Once your Eyeliner is fully healed

- Exposure to the sun over time can cause fading and colour change.
- Many chemicals can interfere with the bonding process. Any Retin-A, bleaching creams, glycolic acids, fruit acids, AHA acids, peels or any strong vitamins must be kept completely away from the tattoo even once it has healed as it may lighten or change the colour. Check ingredients of moisturisers and cleansers as they can also fade tattoo colour if they contain acids, vitamins and active ingredients. Please feel free to check with us if you are unsure. If you are having a facial, please alert your therapist to avoid this area with any of these strong ingredients or any abrasive machines.
- In the event you need to get a CAT scan or MRI, please inform your physician that you have a cosmetic tattoo as some pulling or burning sensations can occur during the procedure.
- Book in your adjustment session 4-6 weeks after your initial tattoo, \$95. The adjustment session must be done in this time frame otherwise you will be charged the relevant maintenance session costs.
- The colour will stay much richer after your adjustment session.
- Healed results will vary with each individual and the use of a pencil or powder may still be needed.
- You can book in for maintenance sessions in future as you need. Times are based on when you had your last tattoo appointment.  
0 - 12 months - \$220  
12 - 18 months - \$300  
18 - 24 months - \$395  
For durations beyond 2 years, the price is the same as new appointments.
- Additional touch up sessions may be required. \$75  
This must be done 4-6 weeks after your adjustment or maintenance session.
- Most importantly, enjoy your new eyeliner tattoo!!! ♡ Morgan