

# Cosmetic Brow Tattoo Aftercare Sheet

Please read the following information carefully. If you have any questions call The Beauty Extract on 0432 106 110.

This is to be followed after EVERY brow tattoo procedure for optimal results.

## Tattoo Day

- It is recommended to wash your hair prior to your appointment and give your face a good wash (particularly around the brow area) as you CANNOT get the area wet for at least 5 days.
- Please don't wear good clothing or white / light colours.
- Have your choice of anesthetic ready for use.
- Have your tattoo after care product ready.  
We would highly recommend "Medicone Gel" which can be purchased in salon for \$25, you will receive one with your initial brow tattoo appointment.  
DO NOT use any other creams on your tattoo while it is healing.

## 1-5 Days After – wound

- Do not touch your eyebrows for the first 48 hours.  
This is to prevent the transfer of bacteria which could greatly impact on the retention of the tattoo pigment and cause an infection.
- You will need to wipe your eyebrows morning and night, as they will weep a clear fluid (this is normal). First wash your hands then slightly wet two cotton rounds/balls with clean water. Squeeze most of the water out so they are damp. Use one cotton round/ball to wipe off any old cream and fluid on each brow. Do not cross contaminate! It is important to remove the fluid otherwise crusting or scabbing will build up.  
If the weeping continues or you experience pain, redness, puffiness over 48 hours please contact The Beauty Extract and see your doctor.
- Each time after wiping your brows reapply the aftercare ointment.  
You will only need half a pea size amount of the aftercare ointment per brow. Use a clean cotton tip for each brow.
- No picking, vigorous rubbing or wiping the tattooed area as the colour can come away whilst it's still healing.
- You may experience a warm sensation (like a grazed knee) on the tattooed area as well as tenderness / soreness. This may last for 12 hours or so.
- You may experience a headache and some discomfort / tenderness / soreness after the procedure.
- It is unusual to get swelling, however if you do use a cold compress immediately after and for the next 24 hours as needed. Be mindful to use a clean cloth or cover to avoid any contamination / bacteria in the area of the fresh tattoo before it heals over.
- You may get bruising around the tattooed area. This is normal and should settle down over the next 48 hours.
- Do not get your brows wet!  
No water, no steam, no swimming, no saunas, no chlorine, no salt pools, no ocean water.
- Do not go to the gym or do any activities that may make you sweat or raise your body temperature.
- Do not apply makeup anywhere near your eyebrows.
- Do not use any soap, cleansers, moisturisers or any other products on the brow area.  
The ONLY product to be used is the tattoo aftercare ointment recommended by The Beauty Extract, as other products could alter the colour and effect final outcome and the healing process.
- Be mindful while sleeping to not rub your brows on your pillow as this can irritate the brow and impact on the evenness once it's healed.
- Your eyebrows will darken the day after your tattoo.  
This is not your true colour. This is the pigment sitting on top of the skin. Once your skin heals over the pigment and your scabs have fallen off naturally, your brows will be softer and lighter.
- Avoid direct sun on the tattooed area.

## 6-14 Days After – scabbing

- You are now able to get your brows wet.  
It is still recommended to keep them dry if possible and not have them wet or soaking in water for long periods of time.  
Still avoid chlorine or salt swimming pools, the ocean, saunas and excessive steam.

Do not let the scabs become soggy and do not expose your brows to the pressure of the water in the shower. If you do get your brows wet, pat them dry. Do not rub or apply too much pressure as this ensures you don't disturb the scabs or healing process.

- Stop wiping and applying the ointment if you find it could be disturbing the scabs. *It is best to leave it at this point and not apply the aftercare ointment if it is getting quite scabby.*
- Do not pick or itch!!  
The tattooed area may start to feel rough like dry skin. Please don't encourage the scabs to come off, as you could get scarring and areas with loss of colour. They will fall off when they are ready. It also may start to feel slightly itchy. This is normal; but do not itch! Picking or itching can remove the pigment and make your tattoo patchy.
- You can fill in areas of your brows that become patchy during the healing process.  
Only use powder and a soft brush. Do not use a pencil. Be mindful to be very gentle and apply minimal pressure so that any scabs aren't knocked off.
- Your brows will shrink and lighten.
- Don't be alarmed when your brow tattoo fades. It will fade 20%-80%.  
It is very broad and hard to know how everyone's skin will take to the pigment. Some may hold a lot of colour while others may fade quite considerably. At your adjustment session, this will be addressed and changes of colour or technique can be tweaked depending on how your skin holds the pigment / technique used.
- Continue to avoid exposing your brows to the sun for long periods of time.

## 2-3 Weeks After

- Colour will start to come back into the brows. They may look patchy.

## 3 Weeks After

- Colour will continue to come forward.
- You are now able to get a spray tan or use self-tanning products.
- You can now tint your brows and get them waxed.  
If you need either of these treatments, please ensure you use our services particularly during this process, so your tattoo / shape isn't jeopardized.

## Once your brows are fully healed

- Apply sunscreen over your cosmetic tattoo.  
Exposure to the sun over time can cause fading and colour change.
- Many chemicals can interfere with the bonding process.  
Any Retin-A, bleaching creams, glycolic acids, fruit acids, AHA acids, peels or any strong vitamins must be kept completely away from the tattoo even once it has healed as it may lighten or change the colour. Check ingredients of moisturisers and cleansers as they can also fade tattoo colour if they contain acids, vitamins and active ingredients. Please feel free to check with us if you are unsure. If you are having a facial, please alert your therapist to avoid the brow area with any of these strong ingredients or any abrasive machines.
- In the event you need to get a CAT scan or MRI, please inform your physician that you have a cosmetic tattoo.
- Book in your adjustment session 4-6 weeks after your initial tattoo, \$95.  
The adjustment session must be done in this time frame otherwise you will be charged the relevant maintenance session costs.
- Healed results will vary with each individual and the use of a pencil or powder may still be needed.
- You can book in for maintenance sessions in future as you need. Times are based on when you had your last tattoo appointment.  
0 - 6 months - \$140  
6 - 12 months - \$195  
1 - 1.5 years - \$350  
1.5 - 2 years - \$450  
For durations beyond 2 years, the price is the same as new appointments.
- Additional touch up sessions may be required, \$75.  
This must be done 4-6 weeks after your adjustment or maintenance session otherwise maintenance prices will apply.
- Most importantly, enjoy your new brows!!! ♡ Morgan